

# INFORMATION

## FOR PARENTS & CARERS



**FARMS** FOR  
**CITY CHILDREN**

Over the last 50 years, we have welcomed more than 105,000 children and young people to our farms. Last year alone, 108 school groups visited our three farms in Devon, Gloucestershire and Pembrokeshire.

During the week on the farm, young people take part in real farming activities and learn about nature and the environment.



### What can children and young people expect on their visit?

- ✓ Hands-on farm tasks including caring for animals.
- ✓ Nature walks and birdwatching.
- ✓ Gardening and cooking.
- ✓ Tasty, nutritious farm-cooked meals.
- ✓ Natural crafts and free time in our farmhouses and gardens.
- ✓ Comfortable dormitories and cosy lounges.
- ✓ Screen-free environment with multi-faith prayer rooms available.

**“Our daughter had an amazing week participating in so many exciting activities and we can really see how she has grown in confidence and independence.”**

**“The experience was very positive and enriching. Our son has more confidence, self-belief, a willingness to take on tasks has more initiative and is generally calmer.”**

## How long is a visit?

Visits usually run Monday to Friday. Your school or group lead will confirm this with you.

## Is the farm safe for children?

Safety is our top priority on the farms. We have clear and well-practiced safety and hygiene rules. Our experienced farm teams make sure every young person understands these rules and feels confident following them. All our farm staff teams have Enhanced DBS checks in place.

**“My child has thoroughly enjoyed this trip and is now more curious, knowledgeable and understanding towards nature.”**

## What is food like on the farm?

We serve three tasty, nutritious meals a day, all cooked on the farm. Our kitchen teams are very experienced in preparing dishes that meet medical and religious dietary needs.

**“I was surprised that my child coped well as he has only been away once before and he did not cope well there. He had a great time and has memories to last a lifetime from this visit.”**

## Where will young people sleep?

Our farm houses have single-sex dormitories with cosy bunk beds. Freshly laundered bedding is provided and shower rooms are either ensuite or close to dormitories.

## What do young people need to bring to the farm?

We'll send you a clear list of everything your child needs to pack. We provide protective outerwear (like overalls or waterproofs). The only item your children will need over and above their everyday clothes is a pair of wellies.

**For more information, photos and videos, please visit our website:  
[www.farmsforcitychildren.org](http://www.farmsforcitychildren.org)**

